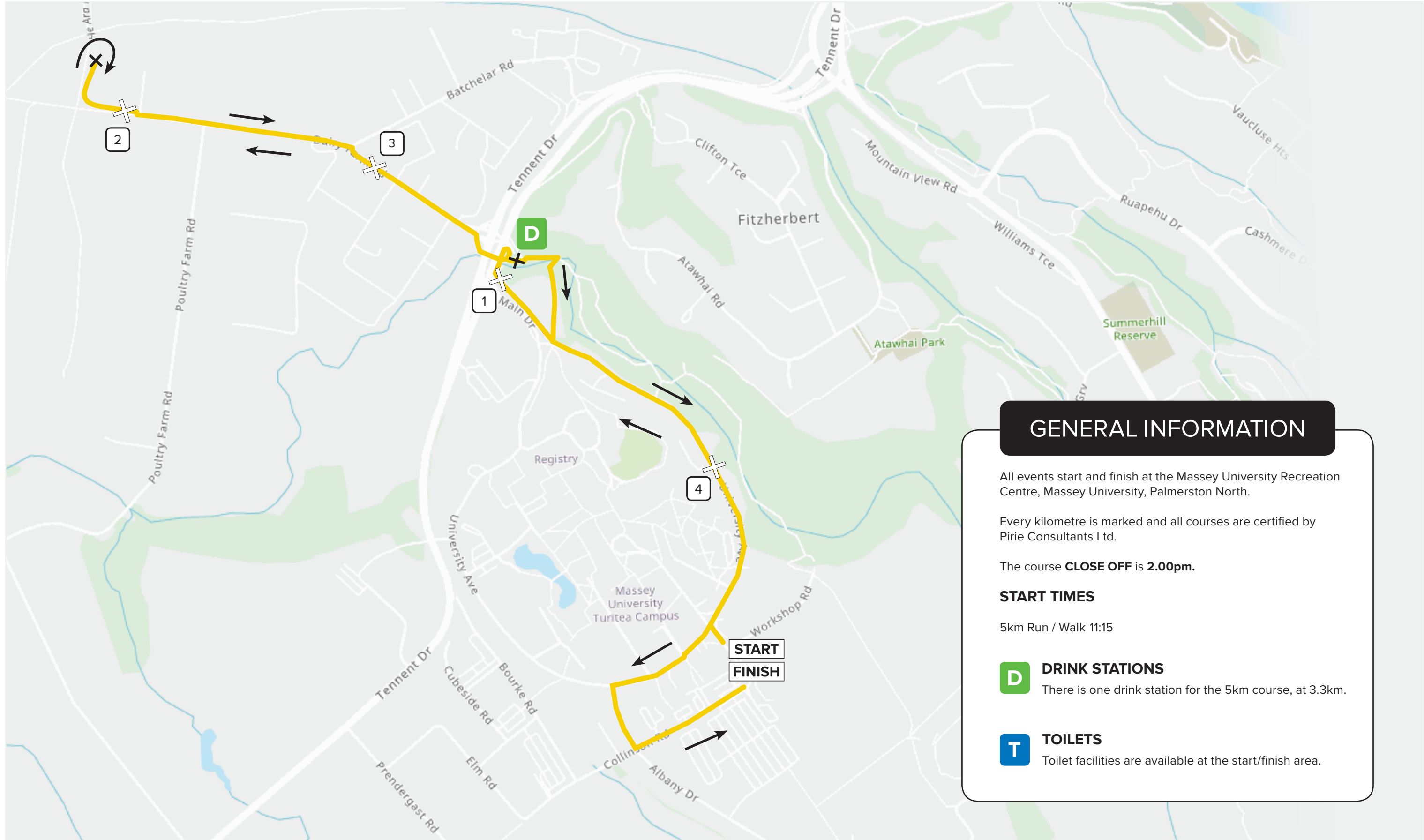


5KM COURSE



GENERAL INFORMATION

All events start and finish at the Massey University Recreation Centre, Massey University, Palmerston North.

Every kilometre is marked and all courses are certified by Pirie Consultants Ltd.

The course **CLOSE OFF** is 2.00pm.

START TIMES

5km Run / Walk 11:15

D DRINK STATIONS

There is one drink station for the 5km course, at 3.3km.

T TOILETS

Toilet facilities are available at the start/finish area.